## Question of the Day

**Description:** This is a team activity in which a cabin group must work together to correctly

answer the question of the day.

**Objective:** To promote or increase critical thinking skills and team building

Age Range: All ages (the complexity of questions will need to be age-appropriate)

**Setting:** During flag raising or another early morning camp gathering

Materials

**Needed:** Questions and answers developed by Medical Staff, CDE, and Educators

**Directions:** 1. A question is read to campers each morning and cabins are to work on deciding the correct answer during the day.

2. Questions should be based on information discussed during education sessions during camp.

3. Questions should be developed so that the order of priority or critical thinking is important in deciding correct answer.

4. The cabin that gives the correct answer first will be given a specific amount of points or another form of award (beads, etc.).

5. There will be one person (education director) who will be given the answers to the question.

**Example:** Put the following items in correct order, most important should be first.

What should you do if your blood sugar is 250 mg/dL or higher?

A. Drink water

B. Increase activity if no ketones

C. Check for ketones

Correct order: C, A, B

Adaptations or

**Modifications:** None suggested.

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